

# PENNSYLVANIA GESTALT CENTER

## For Psychotherapy & Training

1434 Treeline Drive Malvern, PA 19355 (610) 251-0945 • fax (610)-251-9262  
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## “Intimate Connections”

With

Mariah Fenton Gladis • Dori Middleman • Mark Putnam



Friday Evening, January 26 to Sunday, January 28, 2018

CEUs Available

Would you like to create positive change in your relationships with family, friends, lovers, and partners? Join us in this workshop and increase your Partnerability! This workshop is for individuals or couples.

Successful human relating is an activity and an ability that requires movement, purpose and emotional capacity. When we are missing emotional connections with family, friends and loved ones, that's when our world falls apart. We feel disconnected, cast out, and alone. What we are really feeling is a threat to our emotional safety, cut off from any connections and vulnerable to isolation, illness, divorce and career failure.

In this workshop you will learn to assess your abilities and disabilities, to deepen your relationships and capacity to love, to develop new relationship skills, to increase self-awareness and to practice risking positive action with others in a safe environment.

In this workshop you will learn to:

- Understand how early attachments have shaped your relationships for better or worse
- Deepen your understanding of the dynamics of successful relating
- Learn keys to creating successful relationships
- Practice these skills in a safe environment

**When:** Friday at 7:30pm, through Sunday at 5:00pm

**Location:** Workshop is held at **Temenos Retreat Center in West Chester, PA**. Healthy meals and snacks are provided.

**Fee:** **Individual Work Space** participants have a time to do “open seat” work with Mariah and the group—\$495  
**Group Space** participants share in group exercises and are involved as observers of open seat work—\$350.

**Reservations:** A non-refundable deposit of \$200 reserves your space for a weekend workshop. There are a limited **overnight accommodations available at \$150 for the weekend, double-occupancy**. Please call our Center at **610-251-0945** for reservations. Also reserve on-line at <http://gestaltcenter.com/>. Visa, MasterCard and PayPal are accepted.

**CEUs:** This program has been approved by the Pennsylvania Board of Social Work Examiners for 21 contact hours of continuing education toward PA/LSW licensure renewal.

**Recommended Reading** – *Tales of a Wounded Healer* by Mariah Fenton Gladis at [www.wounded-healer.com](http://www.wounded-healer.com)



**Mariah Fenton Gladis, MSS, LCSW, BCD**, is the Founder and Director of the Pennsylvania Gestalt Center.  
**Dori Middleman, MD**, is psychiatrist in private practice and Founder of the Center for a Healthy World.  
**Mark Putnam, MD**, a board-certified psychiatrist, co-leads workshops and training at the Center, and is Medical Director for the Department of Psychiatry at St. Joseph Medical Center, and for Haven Behavioral Hospital in Reading, PA.