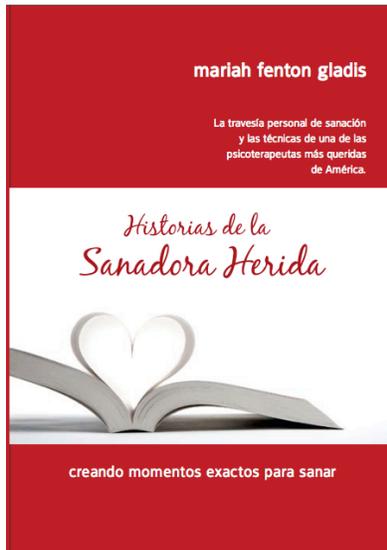


*WindWhispers Press announces*  
***Historias de la Sanadora Herida***

*by Mariah Fenton Gladis*



*Historias de la Sanadora Herida*, the Spanish translation of Mariah Fenton Gladis' book, *Tales of a Wounded Healer* has hit the top 50 on the best selling list of Sanborns, the most important bookseller in Mexico. Recently translated and published in Mexico by El Camino Rojo Ediciones, *Historias de la Sanadora Herida*, is also available in Salvador and Panamá.

"I am so happy about reaching the top 50 in Mexico," says publisher Anand Dilvar, General Manager of El Camino Rojo Ediciones. "Slowly, slowly we are opening doors and getting more attention to Mariah's work, which I love. Publishing Mariah's book allows me to provide a way for the Mexican and South American people to be touched by her love and compassion. I am honored to provide a conduit for her work."

"I feel incredibly blessed to have *Tales of a Wounded Healer* published in Spanish," says Mariah. "The fact that it is a best seller in Mexico promotes possibilities of contributing to other cultures and I look forward to working with the Spanish people in the future."

The Preface to *Historias de la Sanadora Herida* is enlightening:

*"The initial circumstances of our lives were determined by chance. We could have been fortunate and born into a loving, economically stable family. Our parents could have been, responsible, intelligent and conscious. Instead, we could have been born in a country filled with poverty or in a dysfunctional, violent family. The circumstances that make up a great part our personality were also determined by chance. And the chemical processes of our bodies that influence and determine our emotional state and way of being are also in part out of our control.*

*"For this reason, one day, we need to take responsibility of our destiny. Without personal work, a clear intention and an iron will power, we are just victims of our circumstances.*

*"I met Mariah at the Esalen Institute in Big Sur, California in the same place that Gestalt therapy was first developed. There I took with her an existential workshop called "Not For the Feint of Heart".*

*"What is important?" she asked the participants before beginning their individual work in front of the group. When it came my turn, I responded, "What is important to me, Mariah, is to take advantage of my potential and contribute to the well-being of my community in the best way possible." I was moved. For six days, I had observed how*

*Mariah would repeatedly go beyond the physical limitations inflicted upon her by her illness and she would attend to, guide and heal one by one of the group participants.*

*“You are an example to me of committing yourself to and love for others. You have inspired me to try even harder to give to the world what I came here to give. Thank you, Mariah,” I remarked to her.*

*“This book has that intention: to inspire you to work on yourself, to take responsibility of your own life and of your development. These pages are filled with love, courage, strength and commitment.*

*“I have the great fortune of participating in the creation of this version in Spanish of a wonderful book, to help in some way to carry out Mariah’s message to as many people as possible. My dear reader: Let yourself be touched by the Wounded Healer. Open up your heart to Mariah and let her guide you in a process of human development that will make you more sensitive, more present, more loving and happier.”*

—Anand Dílvar

### **About the Publisher**

El Camino Rojo Ediciones publishes books on human development, spiritual novels and self-improvement. Their books are distributed in Mexico, Chile, Colombia, Salvador and Panama.

Publisher Anand Dilvar is a Gestalt therapist, lecturer and author of 25 titles of human development, several of which have alternated at the top of the list in major retail chains in Mexico. In his lectures, he combines humor and a knowledge of Gestalt Therapy to move audiences around the world who are interested in internal change and increased awareness. Dilvar also runs "Vision Quest" a meditation and retreat Center where he gives workshops combining Gestalt psychotherapy, Osho meditation techniques, philosophy and ceremonies of the Indians of North to create a growing space that goes far beyond personal growth or the pursuit of excellence, to the recovery of personal power, dignity and self respect.

### **About Historias de la Sanadora Herida**

Historias de la Sanadora Herida is an extremely creative and innovative approach to teaching basic counseling skills built into the personal story of a remarkable woman who is a 29-year survivor of a terminal diagnosis. It has solid theory brought to life by true stories of people who have changed their lives by this profound work, including that of the author. It is also a highly readable and extraordinary look into the soul of a therapist at the exact moment she is working with her clients.

### **About Mariah Fenton Gladis**

Mariah Fenton Gladis, MSS, QCSW, is the founder and clinical director of the Pennsylvania Gestalt Center for Psychotherapy and Training and is on the faculty of Esalen Institute. She serves on the Board of Advisors of Camp Dreamcatcher—a camp for children affected/infected with HIV/AIDS, and is faculty and trainer for Center for a Healthy World, a volunteer-driven psychotherapy cooperative. Mariah, a long-term survivor of Lou Gehrig’s Disease (ALS), also counsels people with life threatening illnesses and their families, hoping her personal story will serve as an inspiration.

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